

Good News from the IPF

Indo-Pacific Federation Conference

The Indo-Pacific Federation of the Theosophical Society (IPF) was held in Bali, Indonesia from the first to the sixth of November 2013. Over 90 representatives from Asia-Pacific region took part in the conference with the theme of the conference *Practising Theosophy*. Many of the presentations focused on answering the question of how we as an organisation and as individuals can turn the Theosophy we understand from an intellectual concept to one that informs and becomes an active part of our lives.

The conference was inspired by the words of the Mahachohan: “*We have to preach and popularize a knowledge of Theosophy.*” We are living in times when it is more difficult to attract new members to our meetings and perhaps the time is upon us to go where there is a need, into our communities where the popularisation of theosophical values can be a true means of change. We discussed the importance of developing Self-awareness as part of our practical approach to living, by each of us becoming an example of Theosophy, which of course requires us to bring our own lives into harmony with the universal values, such as nonviolence, honesty, respect, Brotherhood and Sisterhood and being willing to undergo our own transformation as part of this process.

Our guest speaker was Ravi Ravindra who presented three remarkable dialogues leaving us with a sense of deep reflection after each one. Ravi spoke on ‘*Actorless Action*’, ‘*Knowledge and the State of Unknowing*’ and finally on ‘*Mindfulness in Action and Mindlessness in Love*’ sharing with us many insights from his dialogues with Krishnamurti.

The conference emphasised the importance of discovering your ‘Inner Diamond’ through a process using nonviolence as a mechanism of practising Theosophy. Nonviolence of course is a universal truth which is reflected in many religions. It is often the first step that must be taken; as epitomised by Mahatma Ghandi and Annie Besant in their own lives.