

This man had difficulty with alcohol, marijuana and caffeine. He was highly sensuous both sexually and in general. It was necessary to eventually restrict all these toxic materials [very material and down to earth]. Undoubtedly, this lessening of toxicity was also helpful. *Nux Vomica* was primarily needed to curtain the toxicity. *Sulfur* was constitutional. *Argentum Nitricum* fit many of the emotional and neurological symptoms. It is of note that *Sulfur* and *Argentum* are both earth elements and both dealing with fire; he was warm-blooded.

The next patient is a 73-year-old lady whom I live first saw in 2003 because of chronic insomnia for 30 years. She was highly Earth with some Fire; with no Air or Water. She was very impulsive, claustrophobic and fears [Caution] of heights and prowlers. She was very warm-blooded and she had difficulty in turning off her thoughts at night. The lack of Water affected her sensitivity and Air her ability to concentrate. She was given the following homeopathic medicine: *Argentum Nitricum* [Silver Nitrate] in Q potencies. It was gradually increased in the symptoms improved considerably.

In summary, the use of the elements can be helpful in a variety of medical approaches. I would be able to present many more cases where Medical Astrology Element Analysis was beneficial. One does not rely solely on them, but as a tool to help evaluate the situation. It is necessary to do a complete history and physical. However, I have found this use of the elements as depicted through the aid of Medical Astrology to be helpful in looking towards certain medicines and restoring harmony.

FIRE=2
AIR=0
WATER=0
EARTH=8