

Secret Doctrine Elements Enhancing Empathetic Healing

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The Secret Doctrine has three propositions: Boundlessness, Cyclic Appearance and Disappearance. As above, so below or the identity of all souls with the Universal Oversoul. Being a child of the Boundless, you carry boundless capacities in yourself.

Helena P. Blavatsky [H. P. B.] states in *The Secret Doctrine* that the elements are very important for our understanding of the Universe and in this paper emphasis is placed on human health.

In H. P. B.'s *Collected Writings* Volume 12, page 661 (the Esoteric Instructions), she states the seven elements, starting with the most divine **Akaśa**. It is stated very clearly that everything originates from the Boundless. There are no words that can express the Boundless; and, therefore, nothing can be specifically said in this context. However, when manifestation presents in whatever hierarchy, the Elements originate from the most divine, then the **Divine Flame**, followed by **Ether**. Since our senses or perception have no real experience with the preceding three, we will start with the lower four: **Fire, Air, Water** and **Earth**.

AKAŚA
DIVINE FLAME
ETHER
FIRE
AIR
WATER
EARTH