

success. And yet people complain about growing conflict and violence. Education is designed to make 'people think that only intellect counts: knowing how to solve problems, knowing how to get by, knowing how to identify an advantage and seize it. But the functions of intellect are insufficient without love, friendship, compassion, and empathy.'

Ego dampens true Compassion.

The intellect is a tool of the ego and looks at everything from the point of 'What is in it for me?' One cause for lack of compassion is we are conditioned to judge, evaluate and ask 'what is in it for me'? Can we transcend that psychological compulsion so that compassion can flow unhindered? "What is in the intellect or reason? It goes a few steps and there it stops" said Swami Vivekananda. "If it is not tempered by compassion, and empathy, reason can lead men and women into a moral void." — [Karen Armstrong](#). One human face of the ego is selfishness. This demon called the ego lacks any capacity for empathy, compassion, generosity or love; and, worst of all, will *never* ever acknowledge that which is sacred. Awakening compassion willy-nilly requires sublimation of the ego. But you do not try to restrict your ego in order to experience our true compassionate self; we experience our true compassionate self first, and that is what liberates us from identification with the ego. When the light (of oneness of being) comes, darkness (of absence of compassion) disappears.

Why is compassion not a reality?

Because compassion as we know, is not rooted in the Ultimate Truth which is oneness of 'beingness'. The root cause of absence of compassion as the root cause of most human predicaments is ignorance, ignorance of fundamental truths of life.

The Yoga of Compassion has to be rooted in the Yoga of Oneness of being.

No doubt compassion is the highest wisdom, but to be actualised and sustainable, it has to be rooted in the realization of the truth of oneness of being. Attuning to 'oneness of being' is the ultimate Yoga. *True Theosophist is a Compassionate Yogi*. True yogi, more so the practitioner of yoga of compassion, is one who does not suffer from a sense of separateness; nor, more importantly, can cause such a suffering, i.e. will not create a sense of