

Importance of Compassion in Hinduism:

Two of the qualitative names of the Hindu God is Dayasagar & Karunasagar. Sagar means Ocean. Daya and Karuna also imply compassion, kindness, pity, mercy, sympathy, philanthropy. I can't think of better names for the newborns now. These names are gender neutral. They are even species neutral and one's pet animal can also be named Daya or Karuna. The two names, Daya and Karuna, by themselves, are beautiful names. (Many erroneously question how can there be so many gods in Hinduism. There are not many gods but only names that signify certain qualities of godhood. Like every one of us has official name and then pet name, e-mail name, and descriptions by our roles such as dad or mom, boss or executive, president of a Lodge, brother, son etc)

Creativity – A Marker of Compassionate state of being:

Compassionate state is marked by a raised level of consciousness when one is deeply moved by suffering. In that state of compassion filled consciousness, a jet of creative goodness springs from oneself. Valmiki, Vyasa, Shakespeare, probably Homer too are examples of such creativity. These authors gave us masterpieces of creativity, poignantly moved by the fundamental human predicaments and the endurance tests, the pain and suffering in life, their characters had to go through. Ultimately, it is creativity that solves real human problems and alleviates suffering and adds joy to life.

Universal Compassion:

“Until he extends the circle of his compassion to all living things, man will not himself find peace.” — [Albert Schweitzer](#). “The assumption that animals are without rights, and the illusion that our treatment of them has no moral significance, is a positively outrageous example of Western crudity and barbarity. Universal compassion is the only guarantee of morality.” — [Arthur Schopenhauer](#), [The Basis of Morality](#). “For as long as man continues to be the ruthless destroyer of lower living beings, he will never know health or peace. For as long as men massacre animals, they will kill each other.” — [Pythagoras](#)

Compassion has no exception:

In suffering ‘there are no others’. Suffering of every living being is my suffering. Compassion to all without exception is the universal religion that is