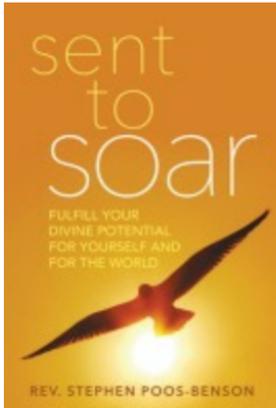


Notable books:



Poos-Benson, Stephen.

Sent to Soar: Fulfill Your Divine Potential for Yourself and for the World.

Wheaton, IL: Theosophical Publishing House, Quest Books, 2014.

Pages xiv + 261

This is a spiritual self-improvement book. Each of its ten chapters is followed by a list of “Questions to Help You Discover and Explore Your Divine Purpose.” The chapters skim over a wide variety of approaches to self-discovery beginning with traditional religions and going on to a potpourri of others. The approach seems to try for humor, with the self-referred to as “the Goo that is you” and free will called “the Holy Hairball.” A problem with the book’s diversity of approaches is that a reader may find in it a confused tangle of ways rather than a clear path. Its bibliography lists forty-odd volumes, none of which are Theosophical.