



“In the end the aggressors always destroy themselves, making way for others who know how to cooperate and get along. Life is much less a competitive struggle for survival than a triumph of cooperation and creativity.

Indeed, since the creation of the first nucleated cells, evolution has proceeded through ever more intricate arrangements of cooperation and coevolution. Partnership – the tendency to associate, establish links, live inside one another, and cooperate – is one of the hallmarks of life.”

**Fritjof Capra**

(An Austrian-born American physicist)