

4. What does Theosophy mean to you?

Theosophy means a lot to me. I have a lot of gratitude to Helena Blavatsky and others who brought the Theosophical teachings from her time to mine. When the problems of life arise, and they always do, the Theosophical teachings are like a compass, a guide to help us to improve life, learn more and establish better relations with others, helping them somehow.

5. What is your favourite Theosophical book and why?

My favourite Theosophical book is *The Voice of the Silence*. I like it so much because it shows me that the meaning of life is to help others, selfishness is a dead-end road. Selfishness makes our life meaningless, we can be happy only helping others to do so, we are all connected and we cannot have happiness for our own delight if we are not connected to others.

6. What in your opinion is the biggest challenge the TS is facing at the moment?

In my opinion, the biggest challenge the Theosophical Society has right now is to keep alive the torch of teachings so that we may help the world to improve its condition. But to keep the torch alive it is necessary to light up, at least a little bit, the torch inside us and this is not easy. We have to be the change we want to see in the world, how are we to expect others to change if we are not able to change ourselves? We cannot give what we don't have, so the process of changing outside is not possible if we don't change inside also. So, the challenge of the Theosophical Society in a way is our own challenge, to be the change we want to see in the world.

7. Is there anything you would wish for the future of the Theosophical Movement?

Tim Boyd, the international president of the Theosophical Society — Adyar, said that he wishes to see an infusion of youthful energy, whether in the form of new members of a young age, or older members who embody a flexibility of mind and heart, the ideal would be young and old working together. I quite agree with him, we need to think about the continuity of the generations, so that the torch of the Theosophical teachings will be kept alive, burning.