

a center for many scientific, artistic, and literary works in the world. Point Loma is near the city of San Diego in California, USA. The primary focus of this tradition, in this era, is now in The Hague, The Netherlands with Herman C. Vermeulen presently the leader.

There have been two expressions of Theosophy, dating from the early work, in spreading Theosophy. One has been referred to as the exoteric (public presentations, literature, and meetings); the other is esoteric (secret and more sacred). In the latter there is a pledge starting with, "I pledge myself to endeavor to make Theosophy a living power in my life." Although the Point Loma tradition no longer has an esoteric section, the original writings are used to give meaning to what they consider to be living a Theosophical life.

There is focus on compassion with an emphasis on reaching out to others. If there is a choice between a public activity where there may be those new to Theosophy and those already familiar with the teachings, they will always choose the public activity as this will bring greater awareness for Theosophy. In the well-known and abridged version of the Mahâ-Chohan's view on the Society, which K. H. sent to A. P. Sinnett we read: "It's time that Theosophy should enter the arena." The Point Loma tradition strongly tries to bring this about.

One of the ways this is done is through a course they offer called, "Thinking Differently." It is a twelve lesson bi-weekly course which they are giving now in different parts of Europe. Although the components are derived directly from Theosophical teachings, one is not initially aware of this. It includes ideas from Plato and Buddhism. This author considers the course to reflect some of the main concepts of present day Cognitive Behavioral Therapy. Many participating in the course eventually ask where these ideas come from and they are then provided with an introduction to the Theosophical teachings.

Finally, in the emphasis to make the teachings "accessible," modern technology is widely used. Their magazine, *Lucifer*, (title taken from H. P. B.'s publication) is now available in English as well as Dutch. The material for this summary was largely taken from an article in the first English publication of their magazine, "Theosophical Society Point Loma Blavatskyhouse: about the Point Loma tradition."