

praying with the other monks, he could effortlessly do the one-pointed concentration exercise on insight meditation.

During a harsh winter in Nyetang, he gave his first teaching, while he had to remain there, because he suffered from severe back pain. He taught the knowledge or metaphysics of the Mahayana Abhidharma on the basis of the *Compendium of Knowledge* of Ashanga. He taught also in this context the *Treasury of Knowledge* by Vasubhandu, what text he had had mastered completely, at first reading on the spot.

He traveled around along important monasteries and teachers, began to hold retreats and to master all major works of the complete Kanjur (The Teachings of the Buddha) and Tanjur (The Comments on Doctrine). He took exams in the four remaining of the five treatises on the Middle Way, Logic, Knowledge, Perfection of Wisdom and Discipline. One is not sure, where and when he received his ordination, but it is generally assumed, that this was at the age of 21 in a monastery not far south of Lasha.

He returned to his second teacher the head of the Drikung Kargyu monastery, Lama Chennga Choekyi Gyalpo, from whom he received all the teachings, which Marpa had given to Milarepa and Ngogchu Dorje, two of his four sons. This teacher taught him even in tantra, the *Six Doctrines of Naropa* and many other issues, such as the teachings of Je Phagmo Drupa and of the founder of the Drikung Kergyu monastery.

Following text is from:

<http://www.dharmafellowship.org/library/essays/drukpa-kagyu-lineage.htm>

“Phagmo Drup Dorje Gyalpo (1110-1170) was born in Kham in far eastern Tibet. At the age of four he took the vows of a novice monk and began his training on the spiritual path. He traveled to central Tibet to receive further training from masters residing in the vicinity.

“He received his training from a series of masters, including the head of the Sakyapa school, who taught him the complete Lam-Dre teachings. Thus he attained mastery in Buddhist Philosophy and a technical understanding of the Sutras and Tantras.

“Nevertheless, Phagmo Drupa realized that this was not enough; he needed the guidance of a qualified Yogi to transform his meditation into direct