

for sure! Everyone had lots of fun with 'before and after' nails under the watchful eyes of teacher Fatma. After having tea we dispersed at around 4 p.m. with really ravishing nails!

The pedicure day was also led by Fatma and it was full of laughter as by now the ladies had become friendly and more open.

The pedicure session more or less followed the same pattern but involved more work on the soles of the feet. The massage is very restful.

The guinea pig was 'yours truly' who opted to have her toe nails colored PURPLE!

The third session – a repeat of hairdressing – was delayed but it was worth waiting for Agnes, the teacher for this session. She explained to the group about hair, its composition and ways to see different types of hair. She then taught the ladies to braid, use extensions of false hair, and make bans, etc. The guinea pig for braiding was our Shama, our volunteer photographer for the three days, who after the session was given the name 'Wanjiku'! The ladies were given a starter pack containing wigs, extension hair, combs, etc.

We finished at around 4.30 p.m. tired but happy. So ended three days of learning, practicing and maybe a transition to an income generating project from home. Three ladies from the last session on hairdressing have found employment in salons and one has women come to her home for hairstyling!