

person full of enthusiasm. She writes that it was like seeing a new person every time she looked into the mirror. The one who peeped from her eyes every morning gave an indication of what she was *really* thinking and feeling behind the social mask.

Just like the body, the eyes have a language of their own. Too much blinking can indicate discomfort. The one who hardly blinks or frequently looks away, may be trying to hide something. The one who looks directly at you might be interested in you and the conversation. A doctor looks into the eyes of the patient to gauge his state of health, because eyes can indicate liver disease, diabetes and even cholesterol. Through recent research doctors have been able to find non-invasive methods of looking into the eyes of a person and watch the working of dopamine in that person, which in turn can indicate the possibility of drug-abuse, gambling, or getting Parkinson's disease or Schizophrenia. The eyes of the person could reveal inner beauty and we might see our own beauty mirrored in them, writes Vinita Nangia. (*Times Life! Sunday Times of India*, November 10, 2013)

The eyes reflect both the mood and character of the person. Often, we try to gauge from the eyes whether the person is trustworthy or not. Describing his first meeting with H. P. Blavatsky, W. Q. Judge, one of the co-founders of the Theosophical Society, writes: "It was her eye that attracted me, the eye of one whom I must have known in lives long passed away."

Tears in the eyes may well be considered an outlet for bottled-up emotions. "Tears," in the language of the occultists express simple human emotions. We know that we are not able to see things clearly so long as we are emotionally involved. "Tears" in the eyes are often indicative of the inner state, where the soul is shaken by grief, disappointment or pleasure, so as to lose its hold on the divine nature.

Every person gives out magnetic exhalations. These exhalations are more intense from the eyes, palms, fingers and soles of the feet. An "evil eye" is the destructive power of thought. An envious glance of a person on a beautiful vase or a car or any other object or person may result in damage or injury to the same. In such a case, thoughts of envy combine with elementals and become an entity which precipitates down his glance.

Hypnotic condition can be produced by purely mechanical method